

JACKHAMMER

TRAIL RACE

SERIES



CHESTNUT RIDGE PARK

7/31, 8/7, 8/14, 8/21, 8/28 6:30 Starts

Enter one or complete four to qualify for Series awards

Tuesday evening hybrid XC running series held at Chestnut Ridge Park. Races start at 6:15pm. Course consists of 3.0-Miles of Park technical trails, smooth trails and roadways. Registration/# pickup from 5:30pm. Walkers welcome. Enter 1 or as many as you like. Walk-up registration welcome weekly. Complete at least four races and you automatically qualify for awards based on finish times. Post-race weekly specials at the Byrd House in Orchard Park. Weekly door prizes.

Pets not permitted in races.

Helping support HEART Animal Rescue.



Full info & on-line registration WWW.HEARTRATEUP.COM

___ Series Entry \$70.00 or \$15 per race on-site Checks to Endurance America PO Box 100 Boston, NY 14025
___ Pre-order tech logo t-shirts add \$12 & size ___

Last Name

First Name

MI

Street

City

ST

zip

Age Sex Phone E-Mail

Emergency contact/phone: _____

Waiver and Assumption of Risk:

In consideration of your accepting my entry, I hereby, for myself, my heirs, my executors and administrators, waive and release any and all rights & claim for damages which I may have against Endurance America LLC, Music X-Press, USATF, Erie County Parks, property owners and any of the Sponsors associated with this event, volunteers, and all affiliates for any injury, death, or damages which may be sustained as a result of my participation in this event or arising out of traveling to or from this event. I certify that I am in good health & able to participate in this event.

Signature of Entrant/Date

Signature of parent/Guardian/Date