



TRAIL RACES  
ELLCOTTVILLE-NY

# EVL- 4 & EVL- 9 TRAIL RACES

## Sunday, July 22<sup>nd</sup> 2018 **HARDCORE**

Holiday Valley Mountain Sports Center Ellicottville, NY

**4-Mile & 9.8-Mile trail running races start/finish at the Holiday Valley Mountain Sports Center. 9:30am start for the EVL-9, 10am Start for EVL-4. Registration from 8am. Race-day registration welcome. Courses feature miles of technical trails and access roads in ski resort setting and state land trails. Several water stops on long course. Age group awards to M/F: 19 & under, 20-29, 30-39, 40-49, 50-59, 60-69, 70+ in each distance. Post-race lunch snacks & awards ceremony. Pool-party after the race at Holiday Valley. Full info./on-line entry at [www.heartrateup.com](http://www.heartrateup.com) Helping support HEART Animal Rescue. On-line registration available at <https://www.runreg.com/evl-trail-run>. Now let's do this.**



EVL Trail Races 2018 Sunday, July 22nd 2018 (Pre-entry deadline: 4/16 add \$5 after)  
\_\_\_ EVL-4 \$30.00 10:00am start \_\_\_ EVL-9 \$40.00 9:30am start \_\_\_ T-shirt size

LAST NAME \_\_\_\_\_ FIRST \_\_\_\_\_ MI. \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_

ZIP \_\_\_\_\_ AGE \_\_\_\_\_ SEX \_\_\_\_\_ PHONE # \_\_\_\_\_ E-MAIL ADDRESS \_\_\_\_\_

EMERGENCY CONTACT \_\_\_\_\_ EMERGENCY CONTACT PHONE # \_\_\_\_\_

Participant's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Parent/Guardian:** I verify that I am the parent or guardian of the minor, and I have authority to enter into this agreement on behalf of the participant and I agree to be bound by the terms and conditions stated above.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

In consideration of your accepting this entry and permitting me to attend, volunteer or participate herein, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors, and administrators, waive release and forever discharge any and all rights and claims for damages I may now or in the future have against any entity related to this event including but not limited to Endurance America LLC, Music X-press, Race Director(s), USATF, Resort and property owners, for any and all losses and injuries in association with this event.

Participant's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian: I verify that I am the parent or guardian of the minor, and I have the authority to enter into this agreement on behalf of the participant and I agree to be bound by the terms and conditions states above.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Mail to: Endurance America PO Box 100 Boston, NY 14025  
Checks payable to Endurance America LLC