



2018
DIRT DEVIL
 † TRAIL RACE SERIES

Sprague Brook Park XC Ski Shack
5/22, 5/29, 6/5, 6/12, 6/19, 6/26

Tuesday evening trail running race series held on the trails of Sprague Brook Park starting and finishing at the XC skiing shack. Races start at 6:30pm. Course consists of 3-3.5-Miles of Park single track and XC ski trails. Registration/# pickup from 5:30pm each race day. Rain or shine. Walkers welcome. Enter 1 or as many as you like. Walk-up registration welcome weekly. Complete at least four races and you automatically qualify for awards based on finish times. Weekly door prizes. Pets not permitted in races.

Helping support HEART Animal Shelters.



Full info & on-line registration WWW.HEARTRATEUP.COM

Dirt Devil 2018 Series Entry \$80.00 no shirt, \$90 w/shirt or \$15 per race on-site
 Checks to Endurance America PO Box 100 Boston, NY 14025

Last Name _____ First Name _____ MI _____

Street _____ City _____ ST _____ zip _____

Age _____ Sex _____ Phone _____ E-Mail _____

Circle Shirt Size Preference: XS Womens, Sm Womans, Sm, Med, Lg. , XL

Emergency contact/phone: _____

Waiver and Assumption of Risk:

In consideration of your accepting my entry, I hereby, for myself, my heirs, my executors and administrators, waive and release any and all rights & claim for damages which I may have against Endurance America LLC, Music X-Press, USATF, Erie County Parks, property owners and any of the Sponsors associated with this event, volunteers, and all affiliates for any injury, death, or damages which may be sustained as a result of my participation in this event or arising out of traveling to or from this event. I certify that I am in good health & able to participate in this event.

Signature of Entrant/Date _____ Signature of parent/Guardian/Date