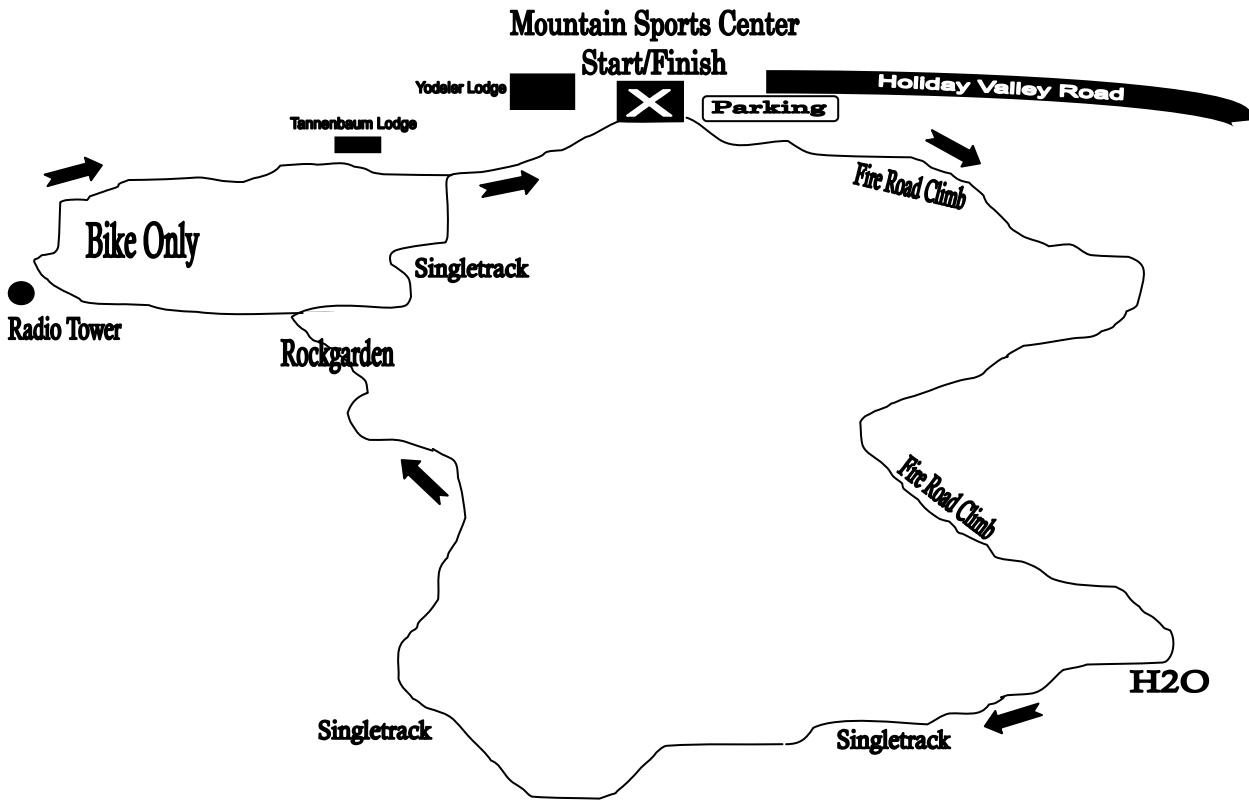


# Dirty Duathlon Course

## Holiday Valley

Run 4-Mile Lap, Mountain Bike (2) 5-Mile Laps



Course is 100% off-road. Helmets mandatory while on mountain bikes. 630 vertical feet of climbing per lap including single track downhill sections.  
**A fun & challenging race that will put hair on your chest.**